

Questions to Ask Your Doctor

According to the data reports offered by the CDC's National Center for Health Statistics, based on information compiled in 2006, the average time spent with a doctor in the U.S. during an office visit is 22 minutes. Arriving prepared can help ensure you have all of your questions answered, and it will help enable you to feel reassured upon leaving your appointment.

You have the right to understand a particular illness and question the doctor on anything you don't understand. It's also helpful to jot down notes on what the doctor says, particularly information about prescription dosing, so that you can review the information when you return home and are in a setting with fewer distractions.

Use these questions as a guideline for talking with your doctor.

For a particular condition:

- What is wrong with me?
- What causes this type of problem?
- Is this condition serious?
- Is this condition contagious?
- Should I worry about giving it to others?
- Are there any activities, foods or medicines I should avoid while I have this condition?
- How can I prevent this from



Question your doctor on how long to wait to call after taking a prescription if you're not experiencing any results.

happening again?

- What type of treatment do you recommend?

If testing is recommended:

- What is this test and why is it needed?
- How long will the test take?

- Is it painful?
- Do you perform this test in the office or do I need to go to a lab?
- Are there any risks involved?
- How do I prepare for this test? Are there any foods or activities I should avoid?
- What side effects should I look for, if any?
- How long does it take to receive the results?

When given a prescription:

- What does this medicine do and why is it being prescribed?
- What are the side effects?
- What happens if I do not take this medicine?
- How long do I need to take this medicine?
- Should it be taken with or without food?
- What do I do if I miss a dose?
- If I don't experience any improvement, how long after taking this medication should I call you?
- Are there any foods, beverages or other medications I should avoid while taking this medicine?
- Are there any alternatives to medication?

What We Can Do For You At Yankton Urological

At our office, we use all the newest technologies available to treat both cancerous and non-cancerous diseases of the prostate.

From Greenlight PVP for non-cancerous prostate enlargement to Robotic Prostate Surgery or Radioactive Seed Implantation for prostate cancer, we have access to the newest and best treatment options for all of your prostate trouble. Your treatment does not stop once you have your surgery or radiation, but rather we will continue to help you deal with your problem for many years to come.

Our friendly staff will give their best to make each visit to our office as courteous and professional as possible.

Call today to make an appointment with Joseph R. Boudreau, M.D., F.R.C.S., C. at Yankton Urological Surgery Prof., L.L.C.

Specializing in the Surgical and Non Surgical Treatment of:

Prostate Cancer

- Seed Implants (Brachytherapy)
- Surgery/Non Surgical Treatment

Urologic Cancer

Female Urology

- Incontinence & Surgical
- Non Surgical Treatment
- Collagen Injections
- Urodynamics & Infections

Men's Health

- Vasectomy at Lewis & Clark Specialty Hospital Office
- Vasectomy Reversal

Kidney Stones

- Advanced Non Surgical Treatment and Medical Management

Non Cancerous Prostate Disease

- Laser Surgery, Green Light PVP
- Transurethral Microwave Treatment (TUMT)
- Prostate Ultrasounds

Infant and Adolescent Urology

- General Urological Problems
- Surgical/Non Surgical Treatment



Joseph R. Boudreau, M.D.
Board Certified Urologist

Yankton Urological Surgery Prof., L.L.C.

1000 W. 4th Street, Level 5 • Yankton, SD 57078
605-668-8790 • 605-689-1100

Outreach clinics in: Freeman, Tyndall, Parkston, Wagner.
After Hours Call: 605-665-5100