

# BOYS TRACK

## Top 10 Performers All-Time:

### 100 Meter Dash (10.9):

Chris Fischer	1994.....	10.5
Austin Gobel	2022.....	10.77fat
Alan Frietag	1998.....	10.7
Aaron Dykstra	1997.....	10.8
Jared Adamson	2001.....	10.8
Rob Ness	1996.....	10.8
John Boyles	1977.....	10.9
Tim Frank	1980.....	10.9
Dean Kollars	1986.....	10.9
Ryan Sternhagen	2015.....	10.9

### 200 Meter Dash (22.4):

Chris Fischer	1994.....	21.3
Rob Ness	1996.....	22.0
Austin Gobel	2022.....	22.21fat
Jared Adamson	2001.....	22.23fat
Roger Larson	1966.....	22.1
Jaden Superguci	2022.....	22.52fat
Bob Pullman	1965.....	22.3
Chris Reiner	1996.....	22.3
Ryan Sternhagen	2015.....	22.3
Doug Larson	1968.....	22.4
Terry Frick	1972.....	22.4
Alan Freng	1998.....	22.4
Jordan Mueller	2009.....	22.4

### 400 Meter Dash (50.83fat):

Chris Fischer	1994.....	48.76fat
Rugby Ryken	2023.....	49.68fat
Austin Gobel	2021.....	50.21fat
Chris Koletzky	2000.....	50.33fat
Lee Rose	2015.....	50.34fat
Jared Adamson	2001.....	50.36fat
Chris Johnson	1993.....	50.3
Alan Sylliaasen	1970.....	50.4
Ryan Olson	2014.....	50.68fat
Mark Ryken	1990.....	50.83fat

### 800 Meter Dash (1:59.2):

Dylan Payer	2023.....	1:54.48fat
Travis Brenner	2010.....	1:54.4
Todd Gaines	1982.....	1:55.95
Mark Frick	1975.....	1:56.6
Alex Hohenthauer	2010.....	1:57.4
Jared Ailts	2008.....	1:57.9
Mitch Yaggie	2010.....	1:57.9
Rick Collignon	1970.....	1:58.1
Don Gereau	1969.....	1:58.6
Dare Gross	1967.....	1:59.2

### 1600 Meter Run (4:25.30):

Travis Brenner	2009.....	4:18.4
Gene Johnson	1964.....	4:18.5
Brad Anderson	2008.....	4:19.0

Dylan Payer	2023.....	4:20.64fat
Matt Althoff	1993.....	4:21.6
Jeff Grossenberg	2010.....	4:21.6
Jared Ailts	2009.....	4:23.66fat
Jon Williams	2006.....	4:23.7fat
Rick Collignon	1970.....	4:24.8
Kip Kinsley	2012.....	4:25.30

### 3200 Meter Run (9:39.6):

Matt Althoff	1993.....	9:19.41fat
Brad Anderson	2007.....	9:29.53fat
Travis Brenner	2010.....	9:29.5
Jeff Grossenberg	2010.....	9:29.85fat
Dylan Payer	2023.....	9:31.91fat
Brice Cowman	2013.....	9:33.20
Sean Fitzsimmons	2006.....	9:37.83fat
Brian Ward	1980.....	9:37.7
Ben Williams	2000.....	9:38.0
Jon Williams	2006.....	9:39.6

### 110 Meter Hurdles (14.9):

Jordan Smith	2007.....	14.57fat
Jeff Larsen	1994.....	14.72fat
Justin Lillie	2012.....	14.5
Doug Schieffer	1993.....	14.6
Cody Oswald	2023.....	14.74fat
Harlan Jones	1980.....	14.7
Greg Kaiser	1967.....	14.9
Todd Loecker	1989.....	14.9
Casey Weisser	1991.....	14.9
Chris Hubbs	2008.....	14.9

### 300 Meter Hurdles (40.87fat):

Tyrel Kool	2007.....	39.38fat
Lance Loecker	1993.....	39.68fat
Charlie Stephenson	2015.....	39.73fat
Chris Hubbs	2008.....	39.7
Todd Loecker	1988.....	39.95
Jeff Larsen	1994.....	40.5
Rob Stephenson	1986.....	40.6
Cody Oswald	2021.....	40.82fat
Brett Stark	1986.....	40.8
Perry Shafer	2010.....	40.87fat

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