

# BOYS TRACK *continued*

## Long Jump:

Varsity	23'1"	Tommy Millen	1993
Senior	23'1"	Tommy Millen	1993
Sophomore	21'9.5"	Tyrel Kool	2006
Freshman	20'7.5"	Aaron Dykstra	1994
8th Grade	19'6"	Sean Fitzsimmons	2002
7th Grade	19'.5"	Ray Davis	1968

## Triple Jump:

Varsity	46'9.75"	John Hiltner	1984
Senior	46'9.75"	John Hiltner	1984
Sophomore	43'5.5"	Dan Brinkman	1996
Freshman	42'	Tyrel Kool	2005

## Pole Vault:

Varsity	15'4"	Mike Rhoades	1983
Senior	15'4"	Mike Rhoades	1983
Sophomore	14'.5"	Mike Rhoades	1981
Freshman	12'3"	Mike Rhoades	1980
	12'3"	Jared Tolsma	1993
8th Grade	10'7"	Brad Schrempp	1983
	10'7"	Perry Shafer	2007
7th Grade	9'0"	Mike Specht	1975
	9'0"	Brad Schrempp	1982

## 4 X 100 Meter Relay:

Varsity	43.21	fat. Pacheco, Rose, Stephenson, Sternhagen	2015
Senior	43.1	Crevison-Ness-Dykstra-Reiner	1998
Soph.	45.5	Crevison-Dykstra-Ness-Bohn	1995
Fresh.	46.3		1989
8th Gr.	46.45	LaCroix-Guitron-Renken-Drotzmann	2023
7th Gr.	49.1	Gurney-Zimmerman-Zimmerman-Smith...	1956

## 4 X 200 Meter Relay:

Varsity	1.28.5	Fischer-Johnson-Tolsma-Larsen	1994
Senior	1.28.5	Fischer-Johnson-Tolsma-Larsen	1994
Soph.	1.35.6		1990
Fresh.	1.36.8	Pugh-Willman-Adamson-Hofer	1998
8th Gr.	1.38.79	C. Pacheco, A. O'Brien, K. Reifenrath, J. Sedlacek	2022

7th Gr. 1:44.5...Pacheco, Sedlacek, O'Brien, Reifenrath...  
.....2021

## 4 X 400 Meter Relay:

Varsity	3.23.1	Ryken-Schoenfelder-Payer-Gobel	2022
Varsity	3.23.1	Fischer-Johnson-Tolsma-Larsen	1994
Senior	3.23.1	Fischer-Johnson-Tolsma-Larsen	1994
Soph.	3.31.6		1982
Fresh.	3.39.8	Oster-Williams-Engebretson-Fitzsimmons	2003
8th Gr.	3.47.12	Bietz, Oswald, Ru. Ryken, Mi. Mors	2019
7th Gr.	4.03.9	Heithoff-Williams-Pesicka-Fitzsimmons...	2001

## 4 X 800 Meter Relay

Varsity	7:50.8	fat Brenner-Yaggie-Hohenthanner-Grossenberg	2010
Senior	7:54.0	fat Ailts-Yaggie-Hohenthanner-Brenner	2009
Junior	8.00.2	fat Fitzsimmons-T. Dannenbring-Williams-S. Dannenbring	2005
Soph.	8.11.5	Engebretson-Williams-Dannenbring- Fitzsimmons	2004
Fresh.	8.30.1	Williams-Engebretson-Dannenbring- Fitzsimmons	2003
8th Gr.	9:24.34	C. Grotenhuis, D. Ryken, M. Ryken, Schelhaas	2019
7th Gr.	10:13.37	C. Grotenhuis, D. Ryken, M. Ryken, Fedde	2018

## Medley Relay

Varsity	3.33.38	fat Gobel-Ryken-Schoenfelder-Payer	2023
Soph.	3.40.2		1992
Fresh.	3.49.3	Heithoff-Oster-Fitzsimmons-Engebretson	2003
8th Gr.	1.44.4	Fischer-Nelson-Williamson-Johnson	1990
7th Gr.	1:50.9	Koletsky-List-Pesicka-Fitsimmons	2001



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